



NEWSLETTER

31st July 2024

We are excited to launch the seventh issue of our newsletter.

WELCOME

Welcome to the latest edition of our monthly newsletter! We are delighted to share exciting news and updates from the Footsteps Family with you. Thank you for being a valued member of our community, and we hope you enjoy reading about all the wonderful things happening within our Footsteps Family!

EMPLOYEE SPOTLIGHT – NATASHA BAILEY

How long have you worked at Footsteps?

I joined Footsteps Care in 2018 and have had the privilege of contributing to our mission in various leadership roles. I was honoured to be appointed as the Registered Manager on August 14, 2023.

Which home/department do you work in?

I am the registered Manager of our children's home branch in Goodmayes. Our home can accommodate up to 7 children, providing a nurturing environment tailored to their individual needs and potential.

What is your role?

As the Registered Manager, my role encompasses overseeing the day-to-day operations of our home, ensuring that we provide the highest standard of care. My responsibilities include staff management, regulatory compliance, and fostering an environment that supports the holistic development of our children and young people.

What do you enjoy most about your work?

The most rewarding aspect of my work is witnessing the personal growth and joy of our children. Each breakthrough and smile reaffirm the impact of our collective efforts and motivates me to strive for excellence every day.

Tell us something about you that we may not know?

Many might be surprised to learn that I have a twin sister. Also, I have a passion for playing the steel drums, which allows me to express my creativity and unwind.

If you could say something telepathically to all 8 billion people in the world, what would you say?

I would say, "Compassion is the foundation of our humanity. Embrace empathy, cherish your communities, and always extend a helping hand."

OUR MISSION

Nurturing, caring and empowering.

We provide a nurturing, encouraging, environment which enables children and young people to feel safe and secure. Our passion and dedication drive us to support each individual to reach their highest potential. We understand that every child is different and carries a unique story which shapes the way they think, behave, and perceives the world around them.

Our person-centered care is tailored to the individual needs of each child, embracing a therapeutic approach consisting of trauma-informed practices to ensure children and young people flourish and thrive in our care. We believe it is imperative for their self-confidence that their views, wishes and feelings are valued, heard and understood.

Your home, our home, one family.

OUR VISION

We endeavour to ensure every child and young person in our care feels respected, happy, safe, loved, valued, and cared for. We provide a homely environment which supports children and young people to build on their skills and abilities enabling them to develop greater independence and confidence to take them into adulthood. We are empowering children and young people with learning disabilities and additional support needs to overcome obstacles and reach their highest potential, whilst promoting welfare and wellbeing.

VALUES

Our company values are the core principles that define who we are. We aim to create a healthy culture, within a long-lasting, successful, motivating, and safe home, where we embrace diversity and uniqueness. We celebrate great teamwork and foster an atmosphere of respect, support, positivity, and kindness.

- Family
- Opportunity
- Outcome
- Teamwork
- Success
- Transition
- Equality
- Passion
- Support



HEALTH & WELLBEING SUPPORT

We are pleased to announce that Footsteps Care Group has engaged the services of an Employee Assistance Program. All staff members have access to the all-new Care first Zest platform provided by My Possible Self. The platform offers fully confidential Health and Wellbeing Support Services, including 24 hour fully confidential telephone counselling, with an interactive health and wellbeing management portal.

WEBSITE

Our website is updated regularly and can be found by clicking on the following link. <https://www.footstepscaregroup.com>. Access information about the organization, important contact details, employee handbook, newsletters and the gallery.

RECRUITMENT

We currently have full time support worker roles available in our Goodmayes & Leyton.

If you know someone who would like to join us, please direct them to our website where they can download an application pack to complete and return to applications@footstepscare.net.

STAFF HANDBOOK

Please take the time to read through the staff handbook which can be found on our system, in each office and on our website.

The staff handbook contains all the HR policies.

DATES FOR THE DIARY

- 8th Aug – International Cat Day
- 9th Aug – Rice Pudding Day
- 12th Aug – World Elephant Day
- 12th Aug – International Youth Day
- 13th Aug – Tisha B-av
- 13th Aug – Left-Handers Day
- 15th Aug – Dormition of the Theotokos
- 19th Aug – World Photo Day
- 26th Aug – Krishna Janmashtami
- 26th Aug – Summer Bank Holiday

NEWS FROM OUR HOMES

Adult Services

This month has been bustling with activities as we've all been enjoying the lovely weather and spending more time outdoors.

We have had a fantastic time practicing archery and sharing meals with friends at Ace, capped off with a joyous birthday celebration for one of our young adults.

We've had great fun at the trampoline park and swimming.

A visit to Shrek's Adventure in London was very enjoyable and we've been keeping fit at the gym.

Some enjoyed the sights of the London Eye and China Town, as well as enjoying pub lunches.

We experienced a scenic ride on the Uber boat, which was immensely enjoyable, and for some, the summer holidays couldn't have come soon enough!

As we look forward to more warm weather, we're excited for the upcoming summer activities and the chance to create even more wonderful memories together.



Goodmayes Children's Home

We are thrilled to announce the completion of our new Sensory Room. This space is designed to provide a calming environment where our children can relax and engage with sensory activities. The room is equipped with various sensory tools and equipment to help enhance the therapeutic experience. The children have already made full use of this room and enjoy the many benefits it offers.

Our Activity Room is getting a beautiful makeover with a new mural. This art project is adding colour and vibrancy to the space.

We are incredibly proud of one of our young people who attended an award ceremony in Canterbury to receive an award. This achievement is a testament to their progress and development since becoming part of our Footsteps family. They have worked hard, and their progress is inspiring. Congratulations young man, we are all incredibly proud of you and all you have achieved!

In support of England in the Euro finals against Spain, we had a fantastic day. Anticipation was in the air all day and the children enjoyed decorating the home and we all dressed up in football attire, creating an atmosphere full of excitement and team spirit, sadly it did not go England's way, but we all enjoyed the atmosphere and watching the match.

This month we have enjoyed the much warmer weather on some days and made the most of it by escaping to the park after school. We are enjoying the

longer evenings and the extended light this brings us, allowing us to make the most of the outdoors.

We have enjoyed lots of activities including arts and crafts, sensory play, visiting the arcades, train rides and leisurely walks.

This month saw two birthday celebrations in our staff team. Happy birthday to both our fantastic team members Kayleigh and Athena. We hope you both had an enjoyable day.

We are really looking forward to the summer holidays and all the fun they will bring.

Leyton Children's Home

We have had a fun-filled month here at Ambleside. The young people had an unforgettable time celebrating Congolese Independence Day. The home was filled with joy and laughter as everyone, both the children and the staff, came together to dance to the lively beats of traditional Congolese music. The rhythmic drumming, melodic tunes, and lively atmosphere brought an infectious energy to the celebration.

This event was especially exciting for one of the young people, as it was a celebration tailored just for them, highlighting the rich culture and heritage of Congo. Seeing everyone come together to honour this special day was truly heartwarming and it really was a memorable day for all.

In addition to the festivities, we are happy to showcase one of the young people's pieces of artwork today. They have a passion for expressing creativity through drawing and colouring. Recently, drawing an impressive castle which stands majestically on the page, brought to life by their use of colour.



We have enjoyed various other activities particularly visiting the park on these sunny July days. The children have also enjoyed trampolining, arts and crafts, visiting London, swimming, bowling, eating out, cinema visits, using the sensory room, bowling, bus rides, shopping, baking delicious cakes for us to share and indulge in, basketball and of course a firm favourite has been visiting the library and spending time reading books together.

We are excited about the approaching summer holiday and have worked incredibly hard in school, so deserve the well-earned break. We have lots of lovely and exciting activities planned.



FUN CORNER

Welcome to the Fun Corner, where we bring a touch of joy and creativity to your day! This is your go-to spot for some light-hearted fun and friendly competition. Each month, we'll feature a variety of activities designed to spark a smile, challenge your mind, and bring a bit of excitement to your workday. Whether you're looking to solve a tricky puzzle or participate in a quick quiz, the Fun Corner has something for everyone. Dive in and enjoy a moment of relaxation and camaraderie with your fellow team members!



FUN FACT

The "Teamwork" Approach in Nature: Many animals practice teamwork in fascinating ways. For example, ant colonies work together seamlessly to build complex nests, forage for food, and protect their queen. Each ant has a specific role, from foragers to nurses, ensuring the survival and efficiency of the colony. This highly organized social structure demonstrates the power of teamwork in nature and has inspired various human technologies and organizational strategies.

WORD SEARCH

Participate and locate Our Values in the word search (Our values can be found on the first page of the newsletter).

T	R	A	N	S	I	T	I	O	N	C	Q	U
E	P	E	J	O	T	E	A	M	W	O	R	K
A	S	U	C	C	E	S	S	G	I	H	O	F
M	W	A	Q	A	R	P	D	O	T	N	Y	A
W	Q	I	L	P	O	P	U	I	Y	T	L	M
O	U	T	C	O	M	E	S	I	I	T	I	I
S	E	T	F	M	S	A	O	N	L	T	O	L
K	U	S	I	M	Y	P	U	I	U	N	R	Y
F	T	P	E	G	S	T	O	L	P	I	I	I
U	A	E	P	I	R	A	I	T	E	F	Q	T
Y	S	O	A	O	L	P	L	L	O	A	R	I
L	T	Y	P	T	R	O	N	I	A	T	P	U
T	P	P	F	R	N	T	I	C	M	U	Y	N
N	O	I	S	S	A	P	U	I	Y	R	Q	S
T	I	C	M	A	S	P	M	O	C	S	S	E

RIDDLE

Riddle: A bus without passengers pulls into Queens Hospital, where 10 passengers board it. At Romford Station, 5 passengers get off the bus, and twice as many passengers get on as in Chadwell Heath. Then at Goodmayes Station, 25 passengers get off the bus. How many people are on the bus as it leaves Goodmayes Station?

Answer: One. The bus driver

QUIZ TIME

- 1. What term best describes the process of changing from one state or condition to another?**
 - A. Family
 - B. Transition
 - C. Outcome
 - D. Teamwork
- 2. Which word refers to the positive result achieved after a series of actions or decisions?**
 - A. Support
 - B. Success
 - C. Equality
 - D. Passion
- 3. What is the term for working collaboratively with others towards a common goal?**
 - A. Opportunity
 - B. Teamwork
 - C. Family
 - D. Transition
- 4. Which concept emphasizes fairness and equal treatment for all individuals?**
 - A. Equality
 - B. Passion
 - C. Support
 - D. Outcome
- 5. What word describes a chance or possibility for advancement or progress?**
 - A. Success
 - B. Opportunity
 - C. Teamwork
 - D. Family
- 6. Which term would you use to describe a strong enthusiasm or excitement for something?**
 - A. Passion
 - B. Support
 - C. Transition
 - D. Equality
- 7. What is the term for the help or encouragement provided to someone?**
 - A. Opportunity
 - B. Teamwork
 - C. Support
 - D. Outcome
- 8. What is the term for a group of people related by blood or marriage?**
 - A. Family
 - B. Passion
 - C. Success
 - D. Transition
- 9. What term best describes the achievement of desired goals or objectives?**
 - A. Equality
 - B. Success
 - C. Teamwork
 - D. Opportunity
- 10. What concept involves assisting and collaborating to reach a mutual goal?**
 - A. Transition
 - B. Support
 - C. Passion
 - D. Teamwork