

FOOTSTEPS CARE



NEWSLETTER – JUNE 2026 ISSUE

June has been another busy and rewarding month for our team. We are delighted to once again be sponsoring the Junior Life Skills Programme with Child Safety Media, supporting children in developing the knowledge and confidence to stay safe in everyday situations.

We have also continued to invest in valuable training this month, including training in Trauma-Informed Practice, Makaton, and Communication and Language delivered by the SALT team, helping us to further enhance the support and care we provide to the children and families we work with.

We hope you enjoy reading about everything we've been up to this month! We've certainly been feeling the effects of the recent heatwave, thank goodness for air conditioning in our homes! We hope everyone has been able to stay cool and enjoy the sunshine safely.



NEWS FROM OUR GOODMAYES ADULT SERVICE

Well, summer has certainly arrived. June has been a very kind month to us, which has been busy and enjoyable. It has been filled with outings, experiences, and a lot of warm weather! Our young people enjoyed many activities, including attending a local church service which provided opportunities for reflection and prayer.

Eating out together remained a favourite activity, including lunch at The O2 before a relaxing stroll through the beautiful Greenwich Park. Other favourite dining destinations included Casco Lounge, Pizza Hut, McDonald's, KFC, the Hard Rock Cafe, and several enjoyable pub lunches with friends.

For those of us who enjoy being active, there were visits to Grange Waters for an exciting archery session, as well as fun-filled trips to Oxygen trampoline park, bowling, and swimming at Liliputs Swimming Pool, which certainly helped us to cool down!

The warm weather meant plenty of time outdoors, enjoying relaxing visits to local parks, cooling off at Barking Splash Park, exploring the Sensory Allotment, and spending time in Epping Forest, where they enjoyed feeding the ducks and spotting birds around the pond. Visits to Vondel Park during a holiday abroad also offered beautiful scenery and opportunities to unwind.

A particular highlight this month was an unforgettable holiday to Amsterdam. The journey itself was an exciting adventure, travelling on the Eurostar, and visiting the fascinating NEMO Science Museum, exploring the World of Gassan, and enjoying the vibrant atmosphere and attractions the city has to offer. This is one we will definitely remember!

As usual we enjoyed lots of bus, train and car rides which are always relaxing and enjoyable.

We look forward to creating even more memories throughout the summer months ahead. 😊

OUR MISSION

Working together to create one home, one family.

OUR VISION

We endeavour to ensure every child and young person in our care feels respected, happy, safe, loved, valued, and cared for.

We provide a homely environment which supports children and young people to build on their skills and abilities enabling them to develop greater independence and confidence to take them into adulthood. We are empowering children and young people with learning disabilities and additional support needs to overcome obstacles and reach their highest potential, whilst promoting welfare and wellbeing.

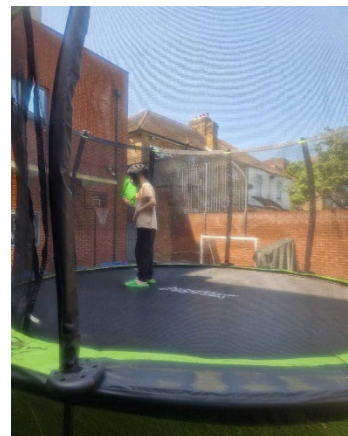
VALUES

Family, Compassion & Empathy, Safety & Security, Nurture & Empower, Passion, Opportunity. Our company values are the core principles that define who we are. We aim to create a healthy culture within a long-lasting, successful, motivating, and safe home where we embrace diversity and uniqueness.

We celebrate great teamwork and foster respect, support, positivity, and kindness.

IMPORTANT DATES

July – Plastic Free July
July – Disability Pride Month
1 July – International Reggae Day
3 July – Feast of St Thomas the Apostle
5 July – NHS Birthday
7 July – World Chocolate Day
11 July – Feast of St Benedict
11 July – World Population Day
14 July – International Non-Binary People's Day
15 July – World Youth Skills Day
16 July – Our Lady of Mount Carmel
17 July – World Emoji Day
18 July – Nelson Mandela International Day
18 July – South Asian Heritage Month begins (runs until 17 August)
18 July – World Listening Day
20 July – International Chess Day
22 July – Feast of St Mary Magdalene
24 July – International Self-Care Day
25 July – Feast of St James the Apostle
26 July – Feast of Saints Joachim and Anne
30 July – International Day of Friendship
31 July – Feast of St Ignatius of Loyola



NEWS FROM OUR GOODMAYES CHILDREN SERVICE

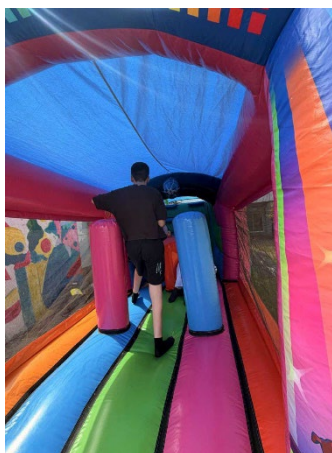
It has been a wonderfully busy month here at our Goodmayes children's home. We have been enjoying the sunny days and the aircon! We have spent lots of time outdoors making the most of the sunshine.

This month, we have enjoyed a variety of activities and experiences, including a memorable boat ride along the Thames under beautiful blue skies. We thoroughly enjoyed exploring central London and enjoying the views along the way. We had a lovely day out visiting the Queen's Palace and nearby parks, where we enjoyed walking, exploring the surroundings, and feeding the swans and ducks.

Back at home, the children enjoyed garden activities such as balloon fights and playing in the pool, as well as sensory experiences at The Together Space. They also had lots of fun on the bouncy castle and enjoyed creating their own personalised trinkets by and decorating them.

This month was extra special as two of our young people celebrated their birthdays! The celebrations brought lots of happiness and excitement, with everyone enjoying making special memories together.

It has been a busy time with school activities, and we are counting down the days until the summer holidays.



NEWS FROM OUR LEYTON CHILDREN'S SERVICE

Here at Ambleside, we have enjoyed another fun-filled month, packed with activities for our children. Throughout June, we focused on promoting independence, celebrating important national and international awareness days, encouraging healthy lifestyles and supporting each young person's emotional wellbeing through a wide range of engaging activities.

Celebrating Special Awareness Days - June provided many opportunities to celebrate and learn together. We marked International Children's Day, recognising the importance of every child's right to play, learn and feel safe. During Child Safety Week, children participated in age-appropriate road safety and personal safety activities. We also celebrated World Environment Day, where children took part in environmental-themed colouring activities and discussions about looking after the world around them. Later in the month we enjoyed celebrating National Picnic Day, spending time outdoors and making the most of the warmer weather and a huge picnic for us all.

The sunny weather gave us many days in the park where we could run, climb, explore the playgrounds and enjoy nature. We also spent time at the Junior Gym, where everyone had the opportunity to build their confidence, develop their physical skills and most importantly, have fun while keeping active.

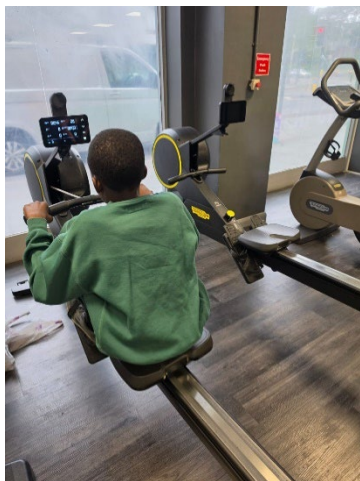
Needless to say, water play became a favourite activity to help keep us cool. Children had lots of fun splashing, playing games and cooling down while enjoying the sunshine. Our garden was also a busy place throughout the month, with outdoor games, ball games, bubbles, obstacle courses and plenty of opportunities for imaginative play.

We continued to provide a range of sensory and therapeutic activities tailored to each child's individual needs, helping to promote relaxation, emotional wellbeing and enjoyment. Children enjoyed spending time in our sensory room, where calming lights, soothing sounds and interactive sensory equipment created a peaceful environment to relax and regulate. Sensory baths remained a popular way to unwind after busy days, while sensory music sessions encouraged relaxation and engagement through familiar songs and calming sounds.

Supporting independence remains a key priority within the home. Throughout the month, children continued practising everyday life skills tailored to their individual abilities. Recognising money and understanding the value of coins through structured life skills sessions was a key highlight throughout the month.

This month, we also enjoyed celebrating the birthdays of our fantastic staff members. Big birthday wishes to Olukayode, Abdul and Ajarat! we hope you all had a wonderful celebration! A huge thank you goes to our amazing staff team for their continued care, dedication and enthusiasm.

With summer now well underway, we're excited for another month full of adventures, new experiences and plenty of fun! We are also very much looking forward to the summer holidays!



WORK EXPERIENCE PLACEMENT

It was a pleasure to welcome Atilla from Anglo European School in Ingatstone to our HR department for a two-week work experience placement.

During his time with us, Atilla showed enthusiasm, professionalism, and a willingness to learn. We would like to thank Atilla for all of his hard work over the past two weeks and wish him every success in his studies and future career. We have no doubt he has a bright future ahead of him!



My name is Atilla. I am 17 years old and a Sixth Form student at Anglo European School. As part of the school curriculum at Anglo and UCAS preparations, all students must complete a two-week work placement. I have been grateful to be welcomed into the HR office by Melanie, Shamus and Sophie, who have helped me learn more about what it means to work in HR and the procedures in place. I was also able to read and review HR policies that keep all staff, clients and the company overall safe. Spending two weeks in the HR Department at Footsteps Care was very rewarding and insightful. I will remember it for years to come, especially since it will prove to be a very useful experience when I apply for a potential HR apprenticeship. Alongside this, I am looking forward to potentially starting part-time work in the HR office to further develop my HR skills and knowledge. However, it is not just HR that keeps Footsteps working. It has been a pleasure to meet so many professional, hardworking and caring staff within the Goodmayes services. I hope that other young people or anyone considering a career in HR management will continue to be inspired and utilise this opportunity.

WELL WISHES

We would like to send our heartfelt best wishes to Michelle, Jane and Aurelie. Wishing you all better and a speedy recovery.

CONGRATULATIONS

A huge congratulations to Katrina and her family on the arrival of their beautiful baby boy, Isaac! We cannot wait to meet the newest addition.

HEALTH & WELLBEING

All staff members have access to the Care First Zest platform provided by My Possible Self. The platform offers fully confidential Health and Wellbeing Support Services, including 24-hour fully confidential telephone counselling and an interactive health and wellbeing management portal.

RECRUITMENT

If you know someone who would like to join us, please direct them to our website where they can download an application pack to complete and return to applications@footstepscare.net

STAFF HANDBOOK

Please take the time to read through the staff handbook which can be found on our system, in each office and on our website. The staff handbook contains all the HR policies.

WEBSITE

Our website is regularly updated. To access information about the organisation, commitment to safeguarding, important contact details, newsletters and the gallery, please follow the link below. <https://www.footstepscaregroup.co.uk>

YOUR FEEDBACK

Your input means so much to us, and we truly appreciate your thoughtful feedback. The survey is also available on the website. This helps us better understand your thoughts, suggestions, and ideas for improving our workplace. Your feedback plays a key role in shaping our plans for the year ahead. Thank you again for helping us build a better and more inclusive workplace. Stay tuned for updates on our progress and next steps! Click on the QR code and leave you feedback.



POLICIES & PROCEDURES

Our policies and procedures are available to view and read on the FODS system and Footsteps Care Drive. Our core HR policies are also in the staff handbook.