



NEWSLETTER

31st May 2024

We are excited to launch the fourth issue of our newsletter.

WELCOME

Welcome to the latest edition of our monthly newsletter! We are excited to share some exciting news and updates from the Footsteps Family.

MESSAGE FROM THE AREA MANAGER

I would like to extend my gratitude to everyone who took the time to respond to the quality assurance questionnaires. Your feedback is invaluable, and I deeply appreciate all the responses and honesty. We have had a good response both internally and externally.

I am currently reviewing your responses with HR, and the results will be thoroughly analysed. We are committed to using your insights to drive meaningful improvements across all our services. Once the analysis is complete, we will share the findings with you all. Additionally, an action plan will be developed and disseminated among all services to ensure we continue to strive for improvement.

Thank you all once again for your participation and dedication to our collective success. Special thanks to Mel for all her hard work and dedication in collating the information. It is greatly appreciated.

Kind regards,
Jo

YOU'VE TOLD US

"Staff are very friendly, helpful and some have a great wealth of knowledge which they pass on to others."

"The young people are ever well looked after."

"Some of the seniors have a lot of great knowledge and willing to share and pass it on. They help other staff members when needed."

"I am very happy with Footsteps Care."

"The organisation has been a favourable organisation which considers the needs and concerns of the young people."

"The HR department, always operate promptly, addressing matters as soon as possible."

"I enjoy working at Footsteps, because I have worked with most of the staff and the clients for a long time. There is a connection and I feel we now know each other better, understanding each other and the clients becomes easier to support. It's like a family."

"I enjoy working for Footsteps because the management listens and assists in making our jobs easier."

"I feel the area manager goes above and beyond to ensure that we are well supported with in the service."

"The company has a clear vision and mission."

"Footsteps is driven by the company values."

OUR MISSION

Nurturing, caring and empowering.

We provide a nurturing, encouraging, environment which enables children and young people to feel safe and secure. Our passion and dedication drive us to support each individual to reach their highest potential. We understand that every child is different and carries a unique story which shapes the way they think, behave, and perceives the world around them.

Our person-centered care is tailored to the individual needs of each child, embracing a therapeutic approach consisting of trauma-informed practices to ensure children and young people flourish and thrive in our care. We believe it is imperative for their self-confidence that their views, wishes and feelings are valued, heard and understood.

Your home, our home, one family.

OUR VISION

We endeavor to ensure every child and young person in our care feels respected, happy, safe, loved, valued, and cared for. We provide a homely environment which supports children and young people to build on their skills and abilities enabling them to develop greater independence and confidence to take them into adulthood. We are empowering children and young people with learning disabilities and additional support needs to overcome obstacles and reach their highest potential, whilst promoting welfare and wellbeing.

VALUES

Our company values are the core principles that define who we are. We aim to create a healthy culture, within a long-lasting, successful, motivating, and safe home, where we embrace diversity and uniqueness. We celebrate great teamwork and foster an atmosphere of respect, support, positivity, and kindness.

- Family
- Opportunity
- Outcome
- Teamwork
- Success
- Transition
- Equality
- Passion
- Support

STAFF DISCOUNT

Blue Light Card provides those in the NHS, emergency services, social care sector and armed forces with discounts online and in-store. Whether you're looking for a weekend getaway, fashion fix, or state-of-the art device; save online with thousands of retailers! Sign up now via this link. <https://www.bluelightcard.co.uk/>

RECRUITMENT

We currently have 9 full time support worker roles available in our Goodmayes, Leyton & Adult Homes.

If you know someone who would like to join us, please direct them to our website where they can download an application pack to complete and return to applications@footstepscare.net.

DATES FOR THE DIARY

- 1st June Global Day of Parents
- 5th June World Environment Day
- 8th June Global Wellnes Day
- 10th June Guru Arjan Dev Ji Shaheedi Diwas
- 11th June Shavuot
- 16th June Eid al-Adha
- 20th June Summer Solstice
- 23rd June National Pink Day

WEBSITE

Our website is updated regularly and can be found by clicking on the following link. <https://www.footstepscaregroup.com>. Access information about the organization, important contact details, employee handbook, newsletters and the gallery.

STAFF HANDBOOK

Please take the time to read through the staff handbook which can be found on our system, in each office and on our website.

The staff handbook contains all the HR policies.

NEWS FROM OUR HOMES

Adult services

It has been a busy month here in the adult's service with a holiday adventure for two of our residents who enjoyed a memorable time in Bognar, creating unforgettable memories.

One client has embarked on a new and rewarding journey by starting a voluntary job at a local charity shop. They enjoy interacting with customers, organizing donations, and contributing to the community. This experience has not only allowed them to give back but has also helped her develop valuable skills and gain confidence.

We continue to support clients through the religious and spiritual journeys and the quiet room is used for prayer and meditation. Some clients continue to attend church weekly and bible class which offer both a feeling of peace and purpose.

One client has been putting the decorating skills they learnt at college to good use by redecorating their mum's house. They have transformed the living spaces with fresh paint.

We have also enjoyed bowling which was a very enjoyable activity and was enjoyed by all. Swimming has remained a favorite and the young people had a splashing time in the pool.

Some of the young people have enjoyed shopping, train rides and trampolining, as well as yoga and spending time with friends. We have been enjoying dining out, exploring different restaurants, and indulging in a variety of cuisines.

It's been an exciting and fulfilling month for everyone in our community. From family holidays and new volunteer roles to spiritual growth, creative projects, and culinary delights. We look forward to sharing more stories and achievements in the coming months.

Goodmayes Children's home

We have had a splashing time this month in the home as we enjoyed a great time at the swimming pool. The day was filled with laughter and joy as the children took to the water for fun. The children showed enthusiasm in the water, creating big splashes and even bigger smiles.

Our trip to London was nothing short of magical! The children were thrilled to see iconic landmarks. They enjoyed exploring and learning along the way. A fun day which was enjoyed by all. As the weather warms up, we are enjoying the lighter evenings and longer days to spend in the outdoors. We have enjoyed many trips to the local parks with the freedom to run around, play on the swings, and slide down the slides.

A firm favorite remains, eating out, and the children have enjoyed many wonderful dining experiences in various restaurants this month.

We have also enjoyed train journeys which have added a sense of adventure and excitement to our trips. The children eagerly anticipate these journeys, watching the scenery whiz by and enjoying the rhythmic motion of the train. These train trips not only took us to exciting

destinations but also provided a unique and fun travel experience for the children.

It's been a month full of adventures and new experiences at the children's home. From splashing in the pool and exploring the wonders of London to enjoying the great outdoors, delicious meals, and exciting train rides, every activity has brought joy and learning to our children. We look forward to more such exciting adventures in the coming months!

Leyton Children's home

In line with the ongoing celebrations of the young people and their cultures this month we received a visit from the African drummers over at Mbilla arts. www.mbillaarts.co.uk As always they put on an engaging and riveting show which both young people and staff alike enjoyed.

The room was full of rapturous applause and the sounds of the drums pounding to the beat could be heard throughout the home.

On the 21st, we celebrated cultural diversity day. The staff and young people help set up the flags in lounge which celebrated the young people's countries but also celebrated all the other wonderful countries in the world. The staff team played a game with the young people to guess as many of the flags as possible. It was a very educational day for us all and one the children enjoyed engaging in.

It has been a busy month with games, fun and much laughter. There have been many activities including visits to the park, baking and rides on public transport.

The young people have also been deciding where they would like to go for the summer holidays. There have been many wonderful ideas and suggestions and of course, the decision lies solely with them. We are really looking forward to the warm summer months and all the wonderful lighter nights and the opportunities they bring, and of course the long break from school!

Stay tuned to find out where they decided to go in the next few months!



HEALTH AND WELLBEING SUPPORT SERVICES

We are pleased to announce that Footsteps Care Group has engaged the services of an Employee Assistance Program. All staff members have access to the all-new Care first Zest platform provided by My Possible Self. The platform offers fully confidential Health and Wellbeing Support Services, including 24 hour fully confidential telephone counselling, with an interactive health and wellbeing management portal, to support you with your daily life and it is completely free to use. Create your account now! You can benefit from recognized psychological strategies and clinically backed methods, from Priory Healthcare. The new Care first Zest app will teach you coping mechanisms, to handle situations life may throw your way. You will also discover interactive tools, helpful tips, visual and mental exercises, and engaging activities. Each designed with you in mind to start your journey to becoming the best version of yourself. These include meditation exercises, mindfulness exercises, breathing exercises, toolkits to identify behaviors and monitor progress, mood trackers and more.

Care first
Zest

